

JAN 8 – JAN 14, 2007



Kiwanis Club Of Dalton

Today's Meeting: DARE TO CARE

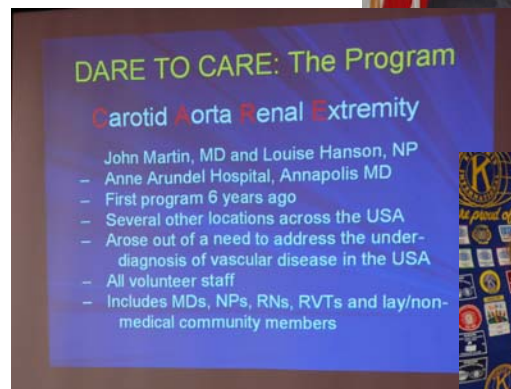
Cardiovascular disease is the number one killer of men and women in the United States today. This may be because people fail to recognize the signs and symptoms of vascular disease. DARE TO CARE is a program that was created to address this issue.

DARE TO CARE targets men and women over the age of 60 and men and women over the age of 50 with diabetes, or who have high cholesterol, a history of hypertension, or who smoke. The goal of the program is twofold; to decrease the number of deaths due to cardiovascular disease each year, and teach participants how to maintain a healthier lifestyle and how to recognize the symptoms.

Emily Michael, an employee of the hospital who helps put on the program said 5-20 people from each class have been referred for further testing after the screening. Many of these people would never have known anything was wrong with them.

Hamilton Medical Center facilitates the DARE TO CARE program. The program is free thanks to funds donated by the Whitfield Healthcare Foundation. The doctors who teach the program and help with the screenings volunteer their time. So far Hamilton Medical Center has completed 4 programs and the next one is in February.

For more information on the DARE TO CARE program call Emily Michael at 272-6114.



Pictured: Smith Foster is all smiles Standing next to Emily Michael, Monday's speaker. Above: A slide From the Dare to Care presentation. Right: Emily Michael, Sarah Fields, And Jamie Upton chat after the meeting.

Welcome to our newest member Heather Tuttle. Heather we are so happy to have you in our club!

Guests at Today's Meeting:
Dan Rogers-
Omnova Solutions
Bob Crews-Lt.
Governor

**Next Week's Program-CRI President, Werner Braun.
Don't miss it!!!**

Congratulations to Delyn Ellis who is celebrating her 12th year as a Kiwanian in January and Bill Bell who has been a member for 33 years!

BIRTHDAYS & ANNIVERSARIES

Member Birthdays:
No member birthdays

Spouse Birthdays: -
Evelyn Bush-12/15
Robbie Elrod-12/15

Anniversaries:
No anniversaries

CLUB ANNOUNCEMENTS:

- 4 reading rugs were purchased with the \$1500 check we received from Mohawk. The rugs went to the Dalton-Whitfield Daycare, St. Marks Pre-school, Friendship House, and the NW GA Crisis Center.
- Make plans to attend the council meeting in Fairmont this Saturday, January 13th!
- Once again this year we will help the boy scouts unload and sort canned goods collected as a part of "Scouting for Food." We will meet at the Propex Plant from 10 to 1:30 on Saturday, January 20th.
- Reminder to members!!! Wear your pins every day, and wear Kiwanis Blue on Mondays!

KIWANIS CLUB OF DALTON MISSION

To give primacy to the human and spiritual rather than to the material values of life.

To encourage the daily living of the Golden Rule in all human relationships.

To promote the adoption and the application of higher social, business, and professional standards.

To develop by precept and example, a more intelligent, aggressive, and serviceable citizenship.

To provide through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service, and to build better communities.

To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism, and goodwill.